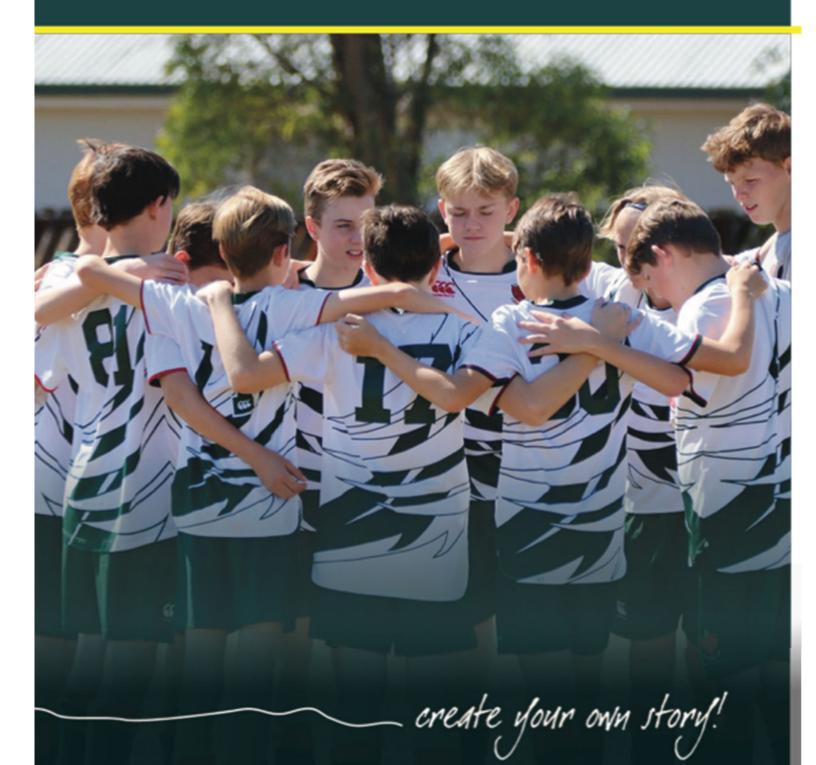


# Junior School Sport Handbook



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Please Note: Information in this handbook is subject to change





Welcome,

Sport is an integral part of the holistic education at St Paul's School. The role that sport plays in the life of children is seen as vital in the development of each individual student. There has been an abundance of recent research that has indicated the correlation between regular physical activity and improved academic results and an active engagement in sporting pursuits has undoubtedly been proven to be beneficial for physical and mental health.

This Junior School Sport handbook is designed to assist you by providing information about the House, Extra-Curricular and Representative Sport for all students from Prep to Year 6 during the course of the school year.

St Paul's School is a member of The Associated Schools (TAS & Junior TAS). The Associated Schools Inc (TAS) is an Association of Schools in the Greater Brisbane area to promote and conduct various forms of inter-school activities with a view to fostering a spirit of fellowship, sound educational practice and mutual support and assistance among member schools. St Paul's School is also included in the Bramble Bay District for students to earn representation in Regional, State and National Teams.

The sporting program at St Paul's School aims to provide the following for each student involved:

- > Active participation and enjoyment without an emphasis on winning or losing
- > Skills development and an increase in fitness levels
- > Self-confidence and self-esteem
- > Positive sporting attitudes and ability to co-operate with others
- > School Spirit and pride in their school
- > Enjoyment of participation in sport

Head of Sport Development Miss Chloe Litherland Email: <u>c.litherland@stpauls.qld.edu.au</u>

Extra-Curricular Co-ordinator Ms Michelle Fraser Email: <u>m.fraser@stpauls.qld.edu.au</u>



## HOUSE SPORT

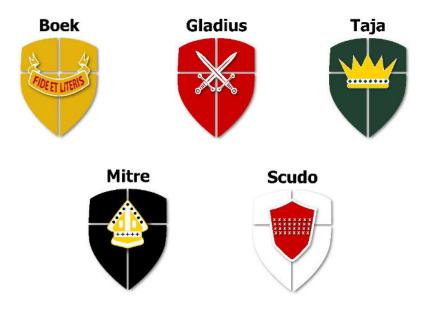
All students in Pre-Prep to Year 6 participate in a variety of Inter House Sport Carnivals.

| <b>Term 1</b><br>Swimming           | Years 3 to 6                       | St Paul's Pool                           |
|-------------------------------------|------------------------------------|--|
| <b>Term 2</b><br>Cross Country      | Prep to Year 6                     | St Paul's School Cross Country Course    |
| <b>Term 3</b><br>Athletics<br>Touch | Pre-Prep to Year 6<br>Year 5 and 6 | Junior School Oval<br>Junior School Oval |
| <b>Term 4</b><br>Ball Games         | Pre-Prep to Year 6                 | Junior School Oval                       |

It is expected that all students to participate in these School events to represent their House.

### Awards

Students are eligible for Age Champion Awards for Swimming, Cross Country and Athletics from 9 years old to 12 years old for boys and girls. Performance at these Carnivals will be used to determine a student's selection to represent St Paul's School at the Junior TAS Inter School Carnivals. Only students who are 9 years to 12 years old will be selected for these Carnivals.





## SPORT PROGRAM

The extra-curricular sport program offers a wide range of sports and activities for students in Prep to Year 6. This program is in addition to the competitive sports run throughout each term. Online registration for all activities in all year groups will be communicated to families via seesaw which includes information regarding times, locations and necessary equipment. All afterschool sports activities are open to both boys and girls. The activities listed are a guide and are subject to change.

### TERM 1

- NetSetGo Prep 2
- AusKick Prep 2
- RugbyTots Prep 2
- Rugby Training Year 4 6
- Netball Training Year 4 6

### TERM 3

- Total Football Academy Prep 2
- Athletics Fun and Fitness Prep 2
- Touch Training Year 4 6
- Tennis Training Year 4 6
- Basketball Prep 2

### TERM 2

- Cross country Prep 2
- RugbyTots Prep 2
- Football Training Year 4 6
- Basketball Training Year 4 6

### TERM 4

- Hook in2 Hockey Prep 2
- Swimming Training Years 2 6
- Hockey Training. Years 3 6



### JUNIOR TAS SPORT

#### JUNIOR TAS MEMBER SCHOOLS

Canterbury College, Cannon Hill Anglican College, John Paul College, Ormiston College, St John's Anglican College, St Paul's School, and West Moreton Anglican College.

#### JUNIOR TAS SPORTS

- Term 1 Boys & Girls: Swimming, Cricket, Hockey
- Term 2 Boys & Girls: Cross Country, Rugby, Netball
- Term 3 Boys & Girls: Athletics, Basketball, Football
- Term 4 Boys & Girls: Tennis, Touch

The benefits of the role that extra-curricular involvement plays in a student's growth and development is both widely varied and deeply significant. The result is a child who develops better communication, social skills, and better confidence as well as many values that create a deeper sense of character. They feel good about learning and challenging themselves in academic, sporting and cultural pursuits through offering positive associations with their school and members of the school community.

Our sporting opportunities are a wonderful vehicle to enhance students' personal development and we strongly encourage each and every student to be involved in our sporting program.



#### JUNIOR TAS AGE REQUIREMENTS

All students in Years 4 to 6 are eligible for selection in Team sports. Students in Year 3 may be invited to train under the coach's discretion for the benefit of learning more about their chosen sport. They may only be invited to participate in a team if insufficient numbers in Year 4 exist and approval has been granted by Mr Tim Hughes and Mrs Marianne Connolly. For Junior TAS Swimming, Cross Country, and Athletics all students who are 9 years old to 12 years old are eligible for selection. Students who are 8 years old will only be selected for Swimming, Cross Country, or Athletics if there are not enough 9-year-old students who are able to compete on the day of the respective Carnival.

#### JUNIOR SCHOOL SPORTS' AWARDS

In Cricket, Hockey, Rugby, Netball, Soccer, Basketball, Touch and Tennis awards are presented at the Celebration of Achievement at the end of the year. This award should go to the best player who is enthusiastic, an asset to the team, strives hard, shows good sportsmanship, trains well, works as a member of a team and is an all-round good sportsperson.

A Director of Junior School Award for Outstanding Extra-Curricular Service to the Junior School may be awarded to Year 6 students at the discretion of the Director of Junior School in consultation with the Head of Sport Development.



### JUNIOR TAS SPORT

### **Registration and Selection Trials**

Families will be notified either through Seesaw or email of the times and dates for sign on and trials for the sports offered each Term. It is important that the Head of Sport Development has the correct information when nominating teams for the competition. Students who do not register during the specified time will not be allowed to play. Late registration can result in continual changes to draws, team numbers, court or field time, number of games etc. This is disruptive to all players and other schools.

### IMPORTANT INFORMATION

There are times when some year groups have too many for one team and not enough for two. In this situation students are combined with another year group who may be short players or can almost field a second team. This may be a higher or lower age group or division.

There are many ways the Co-ordinators, managers and coaches will go about this process.

- 1. Ask students to volunteer
- 2. Trial the teams and make a selection, or
- 3. Automatically allocates the last several students to sign on or return player information forms.

St Paul's is keen to foster the participation of **all** its students, not only the handful of particularly gifted players. The coach is to ensure that all players receive a 'fair go' despite the temptation to rely on a core of stronger players.

### Games

Games are normally held on Saturdays throughout the School Terms. Students are responsible for informing coaches if they are unable to attend practices or games early enough for replacements to be found.

### Coaches

Individual coaches will communicate directly with team members about meetings and any changes to scheduled training or fixtures. In addition, meeting times and meeting venues will be communicated via the St Paul's School App. The School encourages parents to consider sharing their expertise and joining the coaching staff.

### **Umpires and Referees**

Qualified people are always in demand to offer their services to assist the School in this very important function.

### Communication

General information relating to the TAS fixtures is published in the School's Calendar. The Sports draw is published each Term on the School website. This provides detailed information of each fixture including times, fields and venues. The Sports draw also contains reminders about upcoming fixtures and wet weather arrangements. Seesaw pages for each individual sport are also created each term, which will be the main hub where training, game day and other information is posted by the Sport Coordinator.

### Cancellations

All Junior TAS sport cancellations including game day wet weather and training will be notified via the St Paul's School App. To download the App:

- Search 'St Paul's School' in your App store.
- Go to settings (top right of home page).
- Choose "Subscriptions".
- o Select "Sport & Extracurricular".
- Select the Sport/s for which you wish to receive notifications for.



## **REPRESENTATIVE SPORT**

### **District and Regional Sport**

### Forms

Any student wishing to apply to attend a Regional Trial or a District Trial for a particular sport must complete the following forms:

- Permission to attend a Regional Trial
- Project Consent Form
- □ Code of Conduct

All forms are found on the School website <a href="https://www.stpauls.qld.edu.au/new-parents/school-life/sports/sports-draw/">https://www.stpauls.qld.edu.au/new-parents/school-life/sports/sports-draw/</a>

The above forms must be fully completed and presented to the Well Being Centre for signing by the Head of Sport Development.

You will also need a copy of the Trials Notice to give you information on date / time / location. Trial notices can be obtained from the Extra Curricular Co-ordinator. Students will be notified when the information is available either via email or Seesaw.

The Head of Sport Development will sign the forms and return them to the student who **must** take the forms with them to the trial. **Failure to have these forms at the trial will result in the student not being allowed to trial.** 

An adult must accompany each group of students attending a trial as a Duty of Care representative. This adult can be a parent, brother, or sister over the age of 18 of any one of the competitors.

A School representative will attend all Carnival Sports, Swimming, Cross Country, and Athletics. Where a School Representative is present, competitors must report to them for Roll Call.

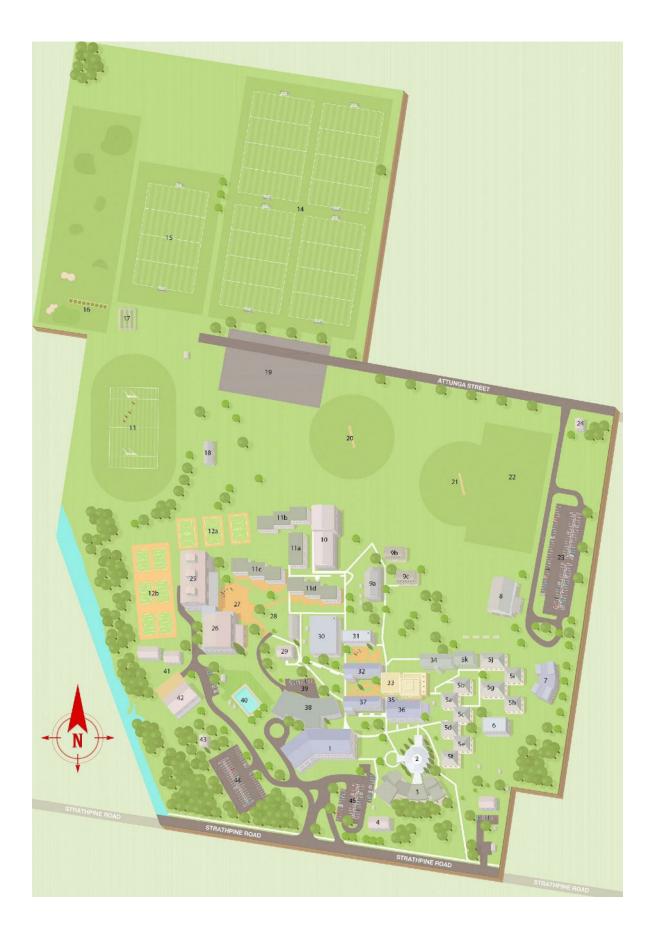
All students who nominate must have the approval of the coach of that sport and currently be playing / competing or will be playing / competing competitively for St Paul's School in the Junior TAS Competition. Metropolitan North policy states that a student must represent their school in regular competition. This statement does not apply to Non TAS sports, however, proof of regular competition in that particular sport must be provided when application is made.

It is the parent's responsibility to advise the School of their child's absence to attend any Bramble Bay or Met North Trial taking part during school hours.



Junior School Sport





| Building name                            | Map number |
|--|------------|
| Tooth Administration                     | 1          |
| Chapel                                   | 2          |
| Music                                    | 3          |
| Before and after OHSC                    | 4          |
| Junior School Administration             | 5a         |
| Junior School classrooms                 | 5b – 5k    |
| Junior School Possibility Hub            | 6          |
| Early Learning Centre                    | 7          |
| Multi-purpose undercover arena           | 8          |
| K-Block                                  | 9a – 9c    |
| Design and Technology Centre             | 10         |
| Middle Years of Schooling Administration | 11a        |
| Middle Years of Schooling classrooms     | 11b – 11d  |
| Outdoor courts                           | 12a – 12b  |
| Main oval                                | 13         |
| Eastern fields                           | 14         |
| Association field                        | 15         |
| Driving range                            | 16         |
| Cricket training nets                    | 17         |
| Canteen and sports amenities             | 18         |
| Sports and senior student parking        | 19         |
| Cricket oval (concrete pitch)            | 20         |
| Cricket oval (synthetic pitch)           | 21         |
| Junior playing fields                    | 22         |
| Junior School carpark                    | 23         |
| Caretaker's residence                    | 24 and 43  |
| Walker Centre 1                          | 25         |
| Walker Centre 2                          | 26         |
| Great Court                              | 27         |
| The Beginning of Peace                   | 28         |
| CRIFD                                    | 29         |
| Science centre                           | 30         |
| Wellbeing Centre (Block 3)               | 31         |
| Block 2                                  | 32         |
| Library                                  | 33         |
| PLCs and Lecture Theatre                 | 34         |
| Sippers Café                             | 35         |
| Sutton and SPIS                          | 36         |
| Block 1                                  | 37         |
| Tuck Shop and Reid Centre                | 38         |
| Staff carpark                            | 39         |
| Swimming pool                            | 40         |
| Taekwondo, cadets and dance              | 41         |
| Grounds workshop                         | 42         |
| Lower carpark                            | 44         |
| Upper carpark                            | 45         |
|  |            |

# CONNECT WITH US

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An Anglican co-educational school from Pre-Prep to Year 12. The Corporation of the Synod of the Diocese of Brisbane Trading as St Paul's School. CRICOS: 00515F