



**St Paul's School
Borneo Expedition
2023 Proposal**



Borneo Trek – Sample Itinerary

1	Depart Australia	Travel to your destination	<p>Meet at the school and travel to the airport as a team</p> <p>You are most likely to be on an overnight flight and will have at least one stop as our routings are not direct.</p>
2	Arrive in Borneo	Transfer to hostel/Camp	<p>You will be met on arrival by our Camp Borneo team.</p> <p>Depending on your arrival time, you will either go to a hostel in Kota Kinabalu or your first camp when you arrive.</p>
3 – 6	Community Camp	Community focused project work.	<p>During your stay, you will take part in projects such as helping build classrooms, constructing and refurbishing community buildings and installing water storage systems. Please refer to our project report or website for the latest details.</p> <p>Our camps provide comfortable accommodation and amenities including toilets and showers.</p> <p>During the evenings, you will get to experience local dancing and language lessons.</p>
6 - 8	Adventure Activity	Jungle Trek	<p>You will spend the day before you trek, receiving a briefing, getting ready and meeting your guides.</p> <p>The trek is 5 days long and takes you through villages, farmland, and deep jungle. You will sleep in hammocks at night and experience the sights and sounds of the jungle.</p> <p>The trek ends at Sabah Tea, where you will get a well earned shower and rest.</p>
9 - 12	Environmental Camp	Environmental project work	<p>Our environmental camp provides you with an opportunity to learn more about the Borneo jungle. Project work includes reforestation and learning about the challenges facing this unique habitat.</p> <p>Accommodation is basic and in keeping with the jungle environment.</p> <p>You will also visit Sepilok Orangutan Sanctuary.</p>
13	Hostel (Kota Kinabalu)	Rest day	<p>Your last few days will see you return to Kota Kinabalu for some sight-seeing and last minute souvenir shopping.</p>
14	Depart Borneo + Arrive in Australia	Pack and transfer to airport for flight home + land back in Australia	<p>Final goodbyes before you transfer to the airport for your flight home. Students will either travel back as a group to the school or parents will collect from the airport.</p>

****PLEASE NOTE – This is a SAMPLE itinerary and the order of camps and project work you take part in may change. Final itineraries will be distributed nearer your departure, but due to the nature of an expedition, these are subject to change****

Map of key locations



Transfer times: *(Please note all transfer times are approximate)*

Kota Kinabalu	>	Camp Bongkud	3 hours
Kota Kinabalu / Camp Tinangol	>	Batu Puteh	9 hours
Camp Bongkud	>	Sandakan	5 hours
Sepilok	>	Batu Puteh	2.5 hours

Places and Projects

The expedition is designed to give students an insight into the day to day life in rural Borneo. Not only will the team see the warmth of the Sabahan people, they will also witness first-hand the issues that now confront rural communities and their associated fragile environments. Students will live and work alongside local people, contributing to long-term sustainable projects. As well as enjoying some of the wildlife and other local attractions on offer in this incredible part of the world.

Kota Kinabalu

The capital of the state of Sabah is Kota Kinabalu on the west coast of northern Borneo. It is a compact town with a waterfront where the night market with food stalls makes for an interesting stroll, potentially tasting some of the freshly caught and grilled fish and seafood. The town has various small shops and craft markets where visitors can buy all their souvenirs, as well as the normal facilities such as restaurants and fast food outlets.



Sepilok Orangutan Sanctuary

Situated on the east coast of Sabah, the sanctuary runs two feeding sessions a day where a number of orphaned orangutans come out of their jungle reserve to be fed fruits on a raised platform for tourists to observe and photograph.

Batu Puteh Camp & Reforestation Work

This jungle camp is a community run eco-tourism and restoration project where we work alongside the village to maintain and re-establish the local ecosystems of this area. It's hard work but rewarding, learning about seed collection, tending to saplings in nurseries before planting many trees in heavily depleted areas of the nearby forest. Sleeping arrangements will be hammocks strung between two trees with a tarpaulin to protect you from the elements and a mosquito net to protect you from the insects.



Camp Tinangol + Community Work

Camp Tinangol is located just outside a rural village not far from the tip of Borneo. This camp has a very unique feel as it is situated on a hill, surrounded by jungle, with a beautiful 30-minute walk through nature out into the village where we do our low-level grade construction projects. We will work alongside local tradesman to build necessary structures or continue with maintenance on completed projects. Its not all hard work and no play, students will get to interact with the children at the kindergarten.

Camp Bongkud

Situated in the centre of a traditional Dusun community in central Sabah, on the edge of the Mount Kinabalu National park, the camp consists of a number of traditional style longhouses built around a communal area. Students will get to enjoy the touristic offerings that this community is well known for such as the hot springs, rainforest canopy walks whilst also taking part in community projects.



Programme Quotation

Borneo Trek Expedition 2 weeks - **\$5,750 per person**

We have structured payment dates in place, as we make ongoing monetary contributions to the running of our expeditions. In our experience, the staggered payment dates make the fundraising aspect of our expeditions much more achievable for the students.

In order to confirm their place on the expedition, a deposit of 10% or 6% is required on sign up.

Inclusions

- ✓ International flights
- ✓ Travel Insurance
- ✓ Expedition Leader to lead the team for the duration
- ✓ Accommodation
- ✓ 3 meals a day within camp & unlimited drinking water
- ✓ Emergency Management & 24/7 support
- ✓ Project funds & materials
- ✓ Covid Peace of Mind & Pandemic Guarantee
- ✓ Curriculum Resources (RWS) for in school learning – pre expedition
- ✓ Adventure element

Exclusions

- ✓ Travel to & from International Airport
- ✓ Visa on arrival (Free for Australian Passport holders*)
- ✓ Spending money
- ✓ Vaccinations & anti-malarial tablets
- ✓ Kit
- ✓ Team meals outside of Camp

We work on a 1:10 ratio for students to adults, meaning that with every 10 students, we will offer an included/free Travelling Teacher place to the school. We always love and encourage members of staff to travel alongside the students, as it not only brings comfort to the students and parents, but it means the teachers are there to ensure the students are representing the school in the best way.

* Correct at the time of printing

Camps International Service Standards

Food

- ✓ Mix of local and western dishes within our camps
- ✓ All allergies and dietary requirements catered for, when declared
- ✓ Nut-free camps
- ✓ Unlimited filtered or bottled water in all camps

Accommodation - In our camps

- ✓ Traditional style accommodation; longhouses, tents, hammocks
- ✓ Single sex sleeping accommodation, showers & toilets
- ✓ Pillows, blanket and mosquito nets provided in camp
- ✓ Basic but clean showers and either composting toilets or flushing toilets

Accommodation - In the towns

- ✓ Shared twin or treble rooms in hotels/hostels which are known to us
- ✓ Single sex dorm style rooms in locally run hostels

Transportation

- ✓ Fully licensed buses with fitted seat belts
- ✓ Experienced drivers accompanied by English speaking guides

Safety

- ✓ Full risk assessments conducted on all locations and activities
- ✓ Comprehensive Crisis Management Plan including casualty evacuation plans
- ✓ Key staff and proportion of general staff first aid trained and qualified
- ✓ Comprehensive first aid kits available at all camps

Launching the Expedition

Once the expedition has been approved, we will need to finalise when this launch process will take place, ensuring it works within the school's calendar, as well as our own.

We manage the entire launch process for you, providing all marketing material, information for parents and will assist with all presentations. We follow a 3 - week process as outlined below:

Week 1: Student Launch – in an assembly time slot

5 minutes

A short video is presented & electronic letters get send out to all parents & students inviting them along to an evening presentation the following week. All materials supplied by us!

Week 2: Parents Presentation – evening meeting

Approx. 1 hour

We deliver a more detailed presentation and provide a brochure, expedition overview and application form to all parents. There is also an option for parents to sign up online. All parents have the opportunity to ask questions of us directly about any aspect of the expedition.

Week 3: Fundraising and Sign Up Meeting – lunchtime meeting

Approx. 30 minutes

This is an online meeting with students & traveling teachers to finalise & introduce the team to one another, explain the fundraising support available via our Traveller Gateway and initiate the fundraising process.

Referrals from Schools

Please see below schools who are happy to be contacted in relation to us, Camps International and their experiences!

All Saints Anglican College

Teacher: Todd Harm - Head of Middle School

Email: THARM@asas.qld.edu.au

Overview: This school was due to do their first ever Junior Service-Learning expedition to Borneo in the 2020 Sept/Oct holidays! They wanted to do a junior senior school expedition as the seniors have an amazing Tanzania trip biannually but is restrictive with its cost and only being offered in senior years when exams, cars etc are at the forefront of student's savings. However due to covid, we worked with the school to cancel the expedition and refund the families money back. Although All Saints haven't experienced a Borneo Expedition, they have experienced working with us during Covid!

Mackay North State High School

Teacher Name: Sue McMurtrie - Mathematics Teacher

Mobile Number: 0402 831 996 | Email: smcmu13@eq.edu.au

Overview: Over the Sept/Oct holidays in 2018, 8 students from Mackay North and one student from Pioneer State High School traveled with their teacher Sue on their first ever 3-week Cambodia Expedition. The students and teachers loved it so much we as soon as they returned we launched their 2020 Cambodia Expedition, with another 8 students signed up, along with 3 students from Mackay Northern Beaches State High School. This teacher is amazing and organizes practice treks and has fundraising for the group under wraps with slushy sales just next to the school bus stop – over 12 months they raised thousands just from this! However due to covid, they were unable to travel on their 2020 expedition but were returned their money from our comprehensive insurance.