

Secondary School Sport Handbook







TABLE OF CONTENTS

WELCOME	2
HOUSE SPORT	3
TAS SPORT	4
TAS MEMBER SCHOOLS TAS SPORTS EXPECTATIONS CODES OF CONDUCT UNIFORM	4 4 5
REPRESENTATIVE SPORT	7
REGIONAL SPORT	7

Please note: information in this handbook is subject to change.







Welcome,

Sport is an integral part of the holistic education provided at St Paul's School. The role that sport plays in the life of young men and women is seen as vital in the development of each student. There is a well researched correlation between regular physical activity and improved academic results and an active engagement in sporting pursuits has undoubtedly been proven to be beneficial for physical and mental health. These Extracurricular pursuits actively engage students in academic, spiritual and physical domains and fosters a strong sense of belonging and connection with St Paul's and those within our community. The result is a child who develops better communication and social skills, increased confidence as well as many values that create a deeper sense of character.

The sporting program at St Paul's School aims to provide the following for each student involved:

- Active participation and enjoyment without an emphasis on winning or losing
- Skills development and an increase in fitness levels
- Self-confidence and self-esteem
- Positive sporting attitudes and ability to co-operate with others
- School Spirit and pride in their school
- Enjoyment of participation in sport

While participation in sporting activities is not compulsory, all students are expected to support the School and its activities any way that they can. It is expected that wherever possible that that students give preference to playing for the School rather than a club team. As a minimum, students are expected to make themselves available for at least two Extra-curricular activities per year.

All students should approach their sporting pursuits with a positive attitude to developing a healthy respect for all teammates, opponents and officials. A win/loss record is not the most important gauge of success, but rather the attitude and behaviour of the team in the light of the players' abilities and opportunities. Relationships between members of the School community should be characterised by care and concern for each other, whether staff members or students. It is a privilege to represent St Paul's School in sporting activities and positive representation is required at all times.

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Ms Michelle Fraser Extra-curricular Co-Ordinator Email: <u>m.fraser@stpauls.qld.edu.au</u>



HOUSE SPORT

All students in Years 7 to 12 participate in a variety of Inter-House Sport Carnivals.

Term 1		
Swimming	Years 7-12	Burpengary Regional Aquatic Centre
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Term 2		
Cross Country	Years 7-12	St Paul's School Cross Country Course
Term 3		
Athletics	Year 7-12	St Paul's School Main Oval & Playing Fields

It is expected that all students participate in these School events to represent their House.



TAS SPORT

TAS MEMBER SCHOOLS

Canterbury College, Cannon Hill Anglican College, John Paul College, Ormiston College, St Columban's College, St Paul's School, West Moreton Anglican College, St John's Anglican College.



TAS SPORTS

Term 1 Swimming (Boys and Girls), Boys Cricket & Volleyball, Girls Basketball, Tennis & Football
Term 2 Cross Country (Boys and Girls), Boys Rugby & Tennis, Girls Hockey & Netball
Term 3 Athletics (Boys and Girls), Boys Basketball & Football, Girls Touch Football & Volleyball

EXPECTATIONS

- Students are expected to attend a minimum of two training sessions per week and be available for games each Saturday morning.
 - Timings of trainings and fixtures will be notified to students prior to the commencement of the season. Swimming, Cross Country and Athletics do not have Saturday morning fixtures but students are expected to available for time trials and the TAS Carnival that is held during the respective term.
- Training is an integral part of all sport and students must be prepared to attend and take part in all scheduled training sessions. If there are exceptional circumstances a student is unable to attend, the coach/manager must be informed in advance.
- Students must be actively involved in the development of a positive team environment, through encouragement and support of all other members of the team.
- All students will wear the correct School sporting uniform at training, to and from sporting fixtures and during scheduled games.
- Appropriate support and respect for coaches, managers, umpires and referees is expected. Decisions made by umpires/referees are to be accepted without question.
- Parental involvement as coaches, managers, umpires or assistants is welcomed and will adhere to the current policy and expectations. Parental assistance can be of great value to the students, the team, the officials and the School. It is a responsibility for all parents and supporters to show respect and encouragement to all School teams and officials, opposition teams and officials and match officials. By doing this it provides positive role models for all students.

Anything which is contrary to good manners, common sense and decency is contrary to the manner in which we should represent the School in sporting endeavors.



TAS SPORT

CODES OF CONDUCT

All players, officials and spectators are expected to abide by the School Sport Australis Codes of Conduct

PLAYERS' CODE OF CONDUCT

- Be a good sport
- Play for enjoyment
- Strive for personal excellence
- Work hard for your team as well as yourself
- Treat all team mates and opponents as you enjoy being treated yourself
- Play by the rules
- Cooperate with team and game officials
- Control your conduct on and off the field
- Learn to value honest effort, skilled performance and improvement

OFFICIALS' CODE OF CONDUCT

- Ensure that the sport is appropriate for the age group and the skill development level of the players involved
- Teach your players to be respectful towards officials and opponents
- Give all students a chance to participate in training and games
- Remove from the field of play any of your players whose conduct is not acceptable
- Adhere to appropriate mandatory reporting requirements

PARENTS' AND SPECTATORS' CODE OF CONDUCT

- Encourage participation by your child
- Provide a model of good sportsmanship for your child to copy
- Be respectful in your communication
- Encourage honest effort, skilled performance and team loyalty
- Adhere to School Sport Australia's policy of a smoke and alcohol free environment
- Demonstrate appropriate conduct
- Remember students play for enjoyment. Don't let your conduct detract from their enjoyment
- Let game officials conduct events without interference
- Support skilled performances and team play with generous applause
- Demonstrate respect for opposing players and their supporters



TAS SPORT

UNIFORM

DRESS REGULATIONS (SPORTSWEAR)

- A prescribed sports uniform is to be worn whenever students represent the school in a sporting competition, and all members of each team selected are required to wear this uniform in full.
 - Precise details for each sport are available from the Head of Sport, through team coaches or from the St Paul's Retail Shop. Any uniforms that are required for purchase can be done through the Retail Shop.
- Players who are not dressed correctly will **NOT** be permitted to play. These breaches will be reported to the Head of Sport Development.
- All members representing "Firsts" teams are required to attend Saturday sport in Formal Uniform and change into playing uniform prior to playing.
- For practice sessions, players must wear appropriate St Paul's training attire only. Players who do not conform should not take part in the practice, and may risk playing time or place on the team
- Spectators at School functions, including Sports events, are expected to wear appropriate School uniform.
- Only the St Paul's School sports bag should be used for carrying sportswear.

Dress regulations are clearly set out and all coaches are expected to uphold those that apply to participate in their sport.

COMMUNICATION

- Email
 - The registration link for each term's sports will be sent out via email to students and parents, in the term prior to playing the sport.
 - Individual Heads of Sport will use this registration list to communicate with parents and players, so it is imperative that this information is correct.
 - Individual Heads of Sport may also use email to communicate the draw and other information each week.
- Website
 - The website will display the draw for TAS fixtures each week.
- St Paul's School App
 - Cancellation of any trainings and games (due to wet weather or other reasons) will be posted onto the St Paul's School App.
 - It is imperative that all staff, officials, students, and parents have downloaded the School App to receive these notifications.
 - To download the App:
 - Search 'St Paul's' in your App store.
 - Go to settings (top right of home page).
 - Choose "Subscriptions".
 - o Select "Sport & Extracurricular".
 - Select the Sport/s for which you wish to receive notifications for.



REPRESENTATIVE SPORT

REGIONAL SPORT

FORMS

Any student wishing to apply to attend Regional Trials for a particular sport, must complete the following forms:

- Permission to attend a Regional Trial (Form 1)
- Code of Conduct
- Project Consent

Forms are available from the Wellbeing Centre and can be found on the School website on the Sports Draw page. You will also need a copy of the official 'Trials Notice' to give you information on date/time/location. Trial notices can be obtained from the Extra-curricular Co-ordinator. Students will be notified when the information is available either via House Notices, School website or email.

The above forms must be fully completed and returned to the Wellbeing Centre for signing by the School. The Head of Sport Development will sign and return the forms to the student who **must** take the forms with them to the trial. **Failure to have these forms at the Trial will result in the student not being allowed to trial**.

An adult must accompany each group of students attending a Trial as a Duty of Care representative. This adult can be a parent, brother or sister over the age of 18 of any one of the competitors. It is the parent's responsibility to report the student absence to the school.

All students who nominate must be in 'Good Standing', Green Card or above, have the approval of the coach of that sport and currently be playing / competing or will be playing / competing competitively for St Paul's School TAS competition. Metropolitan North policy states that a student must represent their school in regular competition. This statement does not apply to Non TAS sports, however, proof of regular competition in that particular sport must be provided when application is made.



Building name	Map number
Tooth Administration	1
Chapel	2
Music	3
Before and after OHSC	4
Junior School Administration	5a
Junior School classrooms	5b – 5k
Junior School Possibility Hub	50 - 5K 6
	7
Early Learning Centre	-
Multi-purpose undercover arena K-Block	8 9a – 9c
Design and Technology Centre	10
Middle Years of Schooling Administration	11a
Middle Years of Schooling classrooms	11b – 11d
Outdoor courts	12a – 12b
Main oval	13
Eastern fields	14
Association field	15
Driving range	16
Cricket training nets	17
Canteen and sports amenities	18
Sports and senior student parking	19
Cricket oval (concrete pitch)	20
Cricket oval (synthetic pitch)	21
Junior playing fields	22
Junior School carpark	23
Caretaker's residence	24 and 43
Walker Centre 1	25
Walker Centre 2	26
Great Court	27
The Beginning of Peace	28
CRIFD	29
Science centre	30
Wellbeing Centre (Block 3)	31
Block 2	32
Library	33
PLCs and Lecture Theatre	34
Sippers Café	35
Sutton and SPIS	36
Block 1	37
Tuck Shop and Reid Centre	38
Staff carpark	39
Swimming pool	40
Taekwondo, cadets and dance	41
Grounds workshop	41
Lower carpark	42
Upper carpark	44
opper carpark	45

CONNECT WITH US

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An Anglican co-educational school from Pre-Prep to Year 12. The Corporation of the Synod of the Diocese of Brisbane Trading as St Paul's School. CRICOS: 00515F