

AUGUST

16



Dr. Kaylene Henderson  
Child Psychiatrist



## PARENT SEMINAR:

# 'Tackling Anxiety and Building Resilience in Children aged 2-12'

This is a not-to-be-missed event presented by trusted Child Psychiatrist and parenting specialist,

### Dr Kaylene Henderson.

In this popular 90 minute seminar, you will learn:

- How to connect with your child to promote emotional resilience
- The different ways in which anxiety presents
- Practical strategies to help your child tackle their anxiety
- When to seek professional assistance

Dr Kaylene Henderson is one of Australia's leading parenting experts, a medical specialist and mother of three young children. In her warm and relatable style, she imparts practical, research-based advice that helps parents to feel more confident and capable in their important role.

**Who should attend:** Parents of children aged up to 12 years of age. Educators, teachers, and other professionals are also invited to attend (professional development certificates of attendance provided).

**Venue:** St Pauls School Chapel,  
34 Strathpine Road, Bald Hills

**When:** Tuesday 16th August 2022.  
Doors open 6.45pm  
Seminar from 7pm - 9pm  
(including question time)

**Tickets** are \$25 per person  
Tickets are available through  
Trybooking.

**Link:**  
<https://www.trybooking.com/CBENG>

