



St Paul's School

2018 SPORT DEVELOPMENT & COACHING SESSIONS

MONDAY 15 JANUARY TO FRIDAY 19 JANUARY 2018

These sessions are strongly recommended for all Players involved in Trimester 1 sport 2018.

Various professional coaching experts, together with our current coaching staff, will be conducting these Development Sessions for the 2018 sporting season. All students are encouraged to attend if possible as it will be extremely beneficial, however, there will also be other opportunities to trial at the beginning of the term in 2018.

The timings for the various year groups and sports are as follows:

Swimming @ SPS Pool	Monday 15 – Friday 19	Years 3-6	9.00am to 10.00am
		Years 7-12	8.00am to 9.00am
Tennis (Girls) @ SPS Courts	Monday 15 – Wednesday 17	Years 7-12	9.00am to 11.00am
Cricket (Boys)	Wednesday 17	Year 4-6	3.00pm – 5.00pm
	Thursday 18	Year 7-9	2.00pm - 5.00pm
	Friday 19	Year 10–12	2.00pm – 5.00am
Basketball (Girls) @ SPS Walker 1	Thursday 18	Years 7-9	9.00am to 12.00pm
		Years 10-12	1.00pm to 4.00pm
Volleyball (Boys) @ SPS Walker 2	Wednesday 17	Years 7-9	9.00am to 11.30am
	Wednesday 17	Years 10-12	12.30pm – 3.00pm
	Thursday 18	Years 7-12	1.00pm – 3.30pm
	Friday 19	Years 7-9	9.00am – 11.30am
	Friday 19	Years 10-12	12.30pm – 3.00pm

(Dress Code: St Paul's sporting attire (or Multi Purpose PE Shirt), appropriate sports shoes, Water Bottle, Sun cream and Towel)
