



FROM THE HEADMASTER



WELCOME TO TERM 4

You will notice that this week's e-news is presented in a new format. Following the parent engagement survey earlier in the year, we received feedback that many parents found the format difficult to navigate and many users did not like having to click into multiple sections.

As such, we will now be distributing the e-news as a fortnightly pdf that you can print out or view on your device (like a smartphone). We trust this will make the e-news more accessible and user-friendly, while also responding to the specific feedback from our parent community.

Our final term has begun with the 20-year anniversary of the opening of our International School. In 1997 the International School welcomed its first students. Today there are 130 students from almost every continent studying at St Paul's School.

Our purpose as a school is to prepare resilient, agile global citizens, with an entrepreneurial mindset, innovative spirit and a heart for servant leadership. The International School is a key part of the development of "global citizens".

We recognise that each person is not just a member of the local community, but is also a member of the international community. When students leave school, it is more than likely that they will be working with, or for, people from all around the world. It is important that we provide our children with a value for, and understanding of, the rich cultures that make up our global community. What better way of doing that than providing opportunities for your children to make friends with people from countries all around the world.

"We recognise that each person is not just a member of the local community, but is also a member of the international community."

FROM THE HEADMASTER (CONTINUED)

We are members of the one planet. The problems that we face are of a global proportion: global warming, poverty, disease, stability, food and water. Only by working together can we solve some of these immense problems and, as a result, enrich all life on this planet.

World School, which begins in a few weeks is another program that supports the development of global citizens. This year, students from the 22 member schools will converge on St Paul's School to look at the global issue of water security. It will be incredibly exciting to see what comes out of that forum.

Welcome back to the final term; a fast, but incredibly exciting one.

DR PAUL BROWNING HEADMASTER



SPIS 20TH BIRTHDAY

The fantastic cake displayed the original International School logo as well as the most recent School logo.



SPIS 20TH BIRTHDAY

Ms Debbie Kemish was the first International teacher at the School and had the honour of cutting the cake.



SPIS 20TH BIRTHDAY

Special guests included Ms Tracy Davis MP and Federal Minister, Mr Luke Howarth.



SPIS 20TH BIRTHDAY

Over 100 current International students joined in the celebrations.



SPIS 20TH BIRTHDAY

Past international students, as well as agents, joined us.



SPIS 20TH BIRTHDAY

Students with Ms Tracy Davis MP and Mr Luke Howarth.



FROM THE EXECUTIVE DIRECTOR OF FAITH & COMMUNITY



CHARACTER IS DESTINY

The importance of character development as an element of the education of young people has been accepted for many years. The Greek philosopher Heraclitus (535-475 BC) probably started it: he is credited with the quote – “Character is destiny”.

U.S. Senator John McCain developed this idea when he said – “It is your character, and your character alone, that will make your life happy or unhappy. That is all that really passes for destiny. And you choose it. No one else can give it to you or deny it to you. No rival can steal it from you. And no friend can give it to you. Others can encourage you to make the right choices or discourage you. But you choose.”¹

What McCain doesn't mention is the centrality of a relationship with God in our search for character, meaning and a life of flourishing. In the bible we certainly find lots of wisdom in this area –

“...we know that suffering produces perseverance; perseverance, character; and character, hope. And hope does not put us to shame, because God's love has been poured out into our hearts through the Holy Spirit, who has been given to us.”²

Yet, personal experience (as well as the Bible) also tells us that each of us is a work in progress. None of us, in this life, are entirely good or entirely bad. St Paul expressed our dilemma – “For I have the desire to do what is good, but I cannot carry it out. For I do not do the good I want to do, but the evil I do not want to do—this I keep on doing”.³ Or, as Aleksandr Solzhenitsyn put it – “The battleline between good and evil runs through the heart of every man.”⁴

David Brooks develops the concept of humankind's dual nature this way – “Sin... seems to flow from the past through human nature and each individual. At the same time, the longing for holiness, the striving

¹ McCain J & Salter M “Character is Destiny”, 2005 – p xi

² Romans 5: 3-5

³ Romans 7: 18-19

⁴ Solzhenitsyn A. “The Gulag Archipelago”

FROM THE EXECUTIVE DIRECTOR OF FAITH & COMMUNITY (CONTINUED)

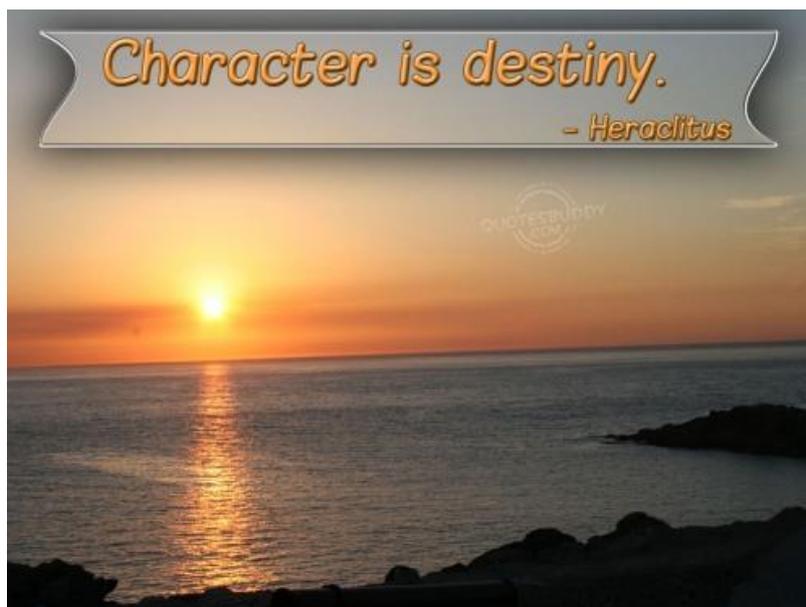
upward, the desire to live a life of goodness and meaning, are also universal.”⁵ And - “We are fallen but also splendidly endowed. We have a side to our nature that is sinful – selfish, deceiving and self-deceiving – but we have another side to our nature that is in God’s image, that seeks transcendence and virtue. The essential drama of life is the drama to construct character”.⁶

You, as parents, and we, as educators, play vital roles in this drama, which is being enacted in the life of each child at St Paul’s School. And some days, it’s quite the drama, isn’t it? But, hopefully, as the grown-ups in the relationship, we are equipped to play our part. We have developed our own virtues and we have strength of character. We can be patient in the face of frustration, and forgiving when our children inevitably fail and disappoint us. We can model diligence, integrity, humility and respect. We can show compassion, because we remember what it was like to be a young person struggling to work out who you are.

As the School leadership continues to re-work the Code of Conduct for students at St Paul’s, we are doing so in the context of a focus on the priority of character and virtues. When teachers, tutors, House Leaders and I have conversations with students in future about their behaviour, the emphasis will not be on which rules they have broken. Rather, we will address how a particular behaviour (a choice that the child has made) may be at odds with the virtues that we have adopted as a School, and how this reflects on the developing character of the child.

To finish more or less where I began, it was Ralph Waldo Emerson who said - “Sow a thought and you reap an action; sow an act and you reap a habit; sow a habit and you reap a character; sow a character and you reap a destiny.” We recognise the significance of each choice and each behaviour in terms of forming character and, ultimately, a destiny.

MR NIGEL GRANT
EXECUTIVE DIRECTOR OF FAITH & COMMUNITY



⁵ Brooks D. “The Road to Character” p 197

⁶ Brooks D. “The Road to Character” p 53

SENIOR SCHOOL

IMPORTANT DATES

Term 4 is a very busy term for our Senior students!

Our Year 12s only have a few weeks to go until they begin their final preparations for graduation.

For more details on the listed events, please see the School calendar on Parent Lounge.

Activity	Date
Student Free Day	16 October
World School	16 – 28 October
Celebration of Achievement	1 November
Foundation Day Service & Celebrations	3 November
Year 12 Block testing	6 – 13 November
Year 12 Safe Driver program	13 November
Celebration of Achievement (Sport)	13 November
Year 12 Aqua Park (fun day)	15 November
Year 12 Valedictory Service & Dinner	16 November
Year 12 Final Assembly	17 November
Year 11 Term 4 Block testing	14 – 21 November
Last day of School	24 November

MIDDLE YEARS OF SCHOOLING

IMPORTANT DATES

Mark these dates in your diaries! Term 4 in the Middle Years of Schooling area will fly by.

For more details on the listed events, please see the School calendar on Parent Lounge.

Activity	Date
MYS Captain Candidate presentations	9 October
Year 7 Immunisations	10 October
Student Free Day	16 October
World School	16 – 28 October
Year 7 Subject Selection (for Year 8 2018)	24 October
Celebration of Achievement	1 November
Foundation day Services & Celebrations	3 November
Celebration of Achievement (Sport)	13 November

JUNIOR SCHOOL

IMPORTANT NOTICES

Term 4 is always fast and furious in Junior School. It is a shorter term with lots of exciting events happening.

Activity	Date
Year 3 Excursion	Week 1
Morphing Week; Year 3 Design Symposium	Week 2
Year 6 Camp; Year 2 Excursion	Week 3
World School Event	Week 4
Foundation Day	Week 5
Junior School Extra-Curricular Events	Week 6
Daniel Morcombe Foundation Presentation	Week 7
Transition Day; Christmas Concerts	Week 8

SCREEN TIME

Before the holidays I was working with some children and was quite astounded at how much time some students are spending on their screens.

Children often talk about conflicts their screen time causes in their house. Obviously teenagers would be spending the most time on devices, so it's important to set boundaries before children get to set in bad habits.

Guidelines set by the American Academy of Paediatrics, which are recommended by the Australian Government, were revised early this year to reflect further research. It now recommends"

|| children aged 2-5 have one hour of screen time

|| children over 6 have 2-3 hours of screen time including school

Personally I think it very important to have boundaries about how much time is spent on screens, when screen time is and to establish some technology free times or locations. It is also very important to closely supervise what children are viewing. Just something to think about!

Thank you.

Marianne Connolly
Director of Junior School

JUNIOR SCHOOL

JUNIOR SCHOOL EXTRA-CURRICULAR SPORT TIMETABLE

Term 4 shows no signs of slowing down and we have plenty to choose from in the Junior School to keep everyone active! Please note the following reminders for this term:

Activity	Grade	Cost	Time and day	
Junior TAS Tennis	3 – 6	Nil	Fridays 7.00 – 8.10am	Fixtures begin Saturday 14 th October
Junior TAS Touch	4 – 6	Nil	Mondays 3.30 – 4.30pm 9 th and 23 rd October	Fixtures are Saturday 21 st and 28 th October
NetSetGo (Netball)	Prep – 3	Nil	Mondays 3.30 – 4.40pm Beginning 9 th October	NetSetGO incorporates skill activities, minor games, music, dance and modified matches in a fun, safe environment. Coordinated by accredited coaches to ensure a quality experience for all participants.
Hookin2Hockey	Prep – 3	\$85	Thursdays 3.30 – 4.30pm Beginning 12 th October	Register here: http://hookin2hockey.com.au/program-finder/
Hockey Training	3 – 6	Nil	Thursdays 3.30 – 4.30pm Beginning 12 th October	Grade 3 students can choose between these sessions dependent on their ability.
Swimming	2 – 6	Nil	Monday 7.00 – 8.00am Tuesday 3.30 – 4.30pm Thursday 3.30 – 4.30pm Friday 7.00 – 8.00am Beginning 9 th Oct	<u>Sessions are designed for swimmers who are already able to complete a minimum of 25m in at least 3 swimming strokes.</u> The focus of the swimming sessions will be stroke correction and race preparation

Information letters were sent home via email to parents at the end of Term 3. Should you need another letter or have more questions please don't hesitate to send an email to t.norton@stpauls.qld.edu.au Students are still able to join any of these options on offer.

Ms Tara Norton
Acting Sport Coordinator (Prep to Year 6)

JUNIOR SCHOOL



#Y3D2017

Something BIG is happening next week...
#Y3D2017!

Last year our Year 3s worked alongside representatives from Brisbane Airport and Suncorp in a Design Thinking Symposium to brainstorm what the future of air travel might look like.

This year, our industry partners will return and Year 3 students will be presented with a new theme that will expand their Design Thinking skills.

What do you think this year's theme could be?

CYBER SAFETY PRESENTATION

St Paul's School invites you and your Year 5 or 6s to a FREE, highly relevant session on cyber safety presented by expert Michelle Mitchell.

WHEN: Thursday 12 October, 2017

TIME: 6.30 – 7.45PM

WHERE: Library Theatre, St Paul's School

RSVP: Please register via this [LINK](#).

More details can also be found on the registration page.



SPORT



GOLF

St Paul's School is excited to announce the re-introduction of golf to our sporting program.

Following consultation with the parent community, we will be running a pilot program for Golf commencing on Wednesday 18 October. The program will run for five weeks concluding on 22 November.

Students and adults will be instructed by a qualified PGA Professional – John Victorsen. John will guide players through a variety of different aspects of the game as well as focusing on specific game improvement requirements.

Sessions will run from 3.30pm to 5.00pm every Wednesday at the School Driving Range area and the cost for the **complete** 5 week program is \$25pp for students and \$50pp for an adult.

An accompanying adult is optional but we welcome any budding golfer (no experience necessary) to encourage a full community approach to the activity.

Equipment can be supplied but any students/ adults who have their own clubs would benefit hugely from bringing in their own equipment. If clubs are required, please inform Mr White by the **end of Week 2.**

To register, visit our website [HERE](#).

MUSIC

SPS FEST

This week students from all over the school have participated in a range of activities as part of SPS Fest. During the three-day festival, there have been lunchtime activities such as drumming circles, karaoke, SPS Radio and a special 'Conduct Us!' ensemble. Some of our Wind Ensemble musicians were a bit lost with their conductor, Mr Weal, away for the week, so they found different places around the school to sit and wait for someone to pick up the baton to conduct them! Most of the conductors had – hmm, how shall we say this? – not a lot of previous experience with conducting so the results were quite funny. Dr Browning even joined in but, unfortunately, the consensus was that he should probably stick with being the Headmaster instead.

Last night we had our first **Open Mic Night** during which MS/SS students and came along to share their music with lovely audience members. A huge shout out to Mr Carnell, who came along to play for us too! This was a beautiful night of music and something that we'll definitely do again. Tonight we have the **SPS Fest Band and Solo/Duo Comp**... check our Facebook page and Instagram for live updates! It's going to be a fierce competition, and should be an excellent night.

I just want to take a chance to give a huge vote of thanks to our incredible Music Captains and our Music student volunteers, without whom SPS Fest wouldn't be possible. They have really stepped up to lead and organise activities and get the student body involved. We are so lucky to have such a wonderful group of students to work with and we're very grateful. Here's looking forward to SPS Fest 2018!



SPS FEST

Our roaming ensembles headed all over the campus to entertain audiences.



SPS FEST

Across the campus, students participated in our student-led drumming circles.



SPS FEST

Dr Browning gave conducting a go!

MUSIC

SPRING MUSIC FESTIVAL

Ensembles have been working hard in preparation for the Spring Music Celebration next Friday night. We're looking forward to hearing all Middle and Senior School ensembles in the Walker Centre from 6.30pm (students arrive at 6pm). Audience members are invited to bring a picnic dinner – maybe a cheese plate to enjoy with the wine that will be available for purchase - and tickets will be \$5 per seat, available at the door. Students will be waiting in the old PEC until their performances are finished, and are able to sit with their parents after this (if parents have bought a seat at the door for their children). It is also recommended that students either eat before arriving at school or bring something portable to eat before or after their performances.

This is a wonderful opportunity to hear all the different kinds of ensembles at St Paul's and, as such, students are expected to stay for the duration of the concert. We're also looking forward to properly acknowledging and farewelling our Year 12 Music students at this performance.




SPRING MUSIC *Celebration*

FRIDAY 13 OCTOBER | 6PM
THE WALKER CENTRE

- Wind Ensemble
- Concert Band
- Big Band
- Stage Band
- Middle School Percussion
- Senior School Percussion
- Middle School Choir
- Senior School Choir
- Auditioned Choir
- Guitar Ensemble
- Allegretto Strings
- Symphony Orchestra
- Vivo Strings

MUSIC



COMBINED CHOIR PERFORMANCE AT ST MARK'S CHURCH, CLAYFIELD

Middle School, Senior School and Auditioned Choirs will be performing at a church service this Sunday October 8. Students are to arrive at 8.30am, wearing full formal uniform (minus stockings).

The service begins at 9.30am. This is a lovely opportunity for our singers to perform for the community, and we welcome any St Paul's students or families who would like to attend.

MUSICFEST AND ST COLUMBAN'S BAND SPECTACULAR COMPETITIONS

We have many ensembles competing at these competitions over the next few weeks. If your child is in one of these ensembles, please check the St Paul's Music website for details;

- Lento Strings
- Vivo Strings
- Adagio Strings
- Wind Ensemble (also at St Columban's)
- Allegretto Strings
- Year 4 Concert Band
- Big Band



KEEP UPDATED!

As always, stay up to date with the latest St Paul's Music information by visiting our [website](#), liking our [Facebook](#), and following us on Instagram (@musicpsps).

Mrs Kelly Green
Head of Music

WELLBEING CENTRE



Queensland
Mental Health
Week

COUNSELLING

8-14 October is Mental Health Week in Queensland. This week aims to promote mental health and raise awareness of mental illness. The stigma around mental illness is a major barrier that prevents people seeking the mental health support they require.

100 ways in 100 days is an initiative to boost your own mental health. You can find more information here <https://www.qldmentalhealthweek.org.au/news/100waysin100days/>

There are many services available to young people and their families to support mental health. Headspace and The Brave Program are two resources that I highly recommend in my work with young people. You can read more about them below.

headspace is the National Youth Mental Health Foundation providing early intervention mental health services to 12-25 year olds, along with assistance in promoting young peoples' wellbeing. This covers four core areas: mental health, physical health, work and study support and alcohol and other drug services.

ehedspace is an online and telephone service that supports young people and their families going through a tough time.

Headspace have developed a tip sheet for a Healthy Headspace. You can read it here <https://www.headspace.org.au/assets/Uploads/Resource-library/Young-people/Tips-for-a-healthy-headspace-web.pdf>

The BRAVE Program is an interactive, online program for the prevention and treatment of childhood and adolescent anxiety. It has been developed by the University of Queensland and Beyond Blue. The programs are free, and provide ways for children and teenagers to better cope with their worries. There are also programs for parents.

If you have any concerns about the mental health of your child, you can talk to a School Counsellor and seek advice from your GP.

**Karen Semple
School Counsellor**

Beyond Blue 1300 22 4636
Kids Helpline 1800 55 1800

Lifeline 13 11 14
Youth Beyond Blue <http://www.youthbeyondblue.com/>

WELLBEING CENTRE

CAREER NEWS

This service provides students, parents and staff members with up to date career information. The information is updated fortnightly and we highly recommend that you scan it regularly for items of interest, especially for students in the Senior School.

Please click on the [attached](#) to access the latest Career News.

USEFUL CAREERS WEBSITES

- My Future www.myfuture.edu.au
Job Outlook www.jobsearch.gov.au/joboutlook
Job Guide <http://www.jobguide.deewr.gov.au/>



SUPPORTER GROUPS

FOOTBALL SUPPORTERS GROUP



Hope you enjoyed your holiday break. The Football Awards Celebration Dinner is on Saturday 14th October at the Kedron Wavell Services Club. Please join the committee / members at our next meeting to discuss what lies ahead for the FSG but specifically how we can ensure this event is celebrated in style. To achieve this, we need help. Our next General Meeting is as follows:

**Monday 11th October 2017 - Football SG General Meeting, 7pm
School Library**

We have a small group of members/helpers, with new faces and fresh ideas always welcome so please come along, bring a friend so we as a group can share the load and enhance the culture within the football community. Even if you are unable to make the meeting, there are other ways you can help.

- Thursday 12th at 6.30pm - come to our home at Albany Creek to wrap up hampers.
- Saturday 14th at 4pm - we have access to the ballroom from 4pm. Can you help set up?

If you have any queries please direct them to fsgpresident@spssa.org.au.

Looking forward to seeing you at the meeting!

Peter Deane
FSG President

VOLLEYBALL SUPPORTERS GROUP



St Paul's Volleyball Supporter's Group invites members of the Volleyball Community to celebrate the 2017 Season.

Sunday 29 October, 2017
5.30pm - 8.00pm
Club Pine Rivers

\$35.00 Adult | \$20.00 Student (subsidised by VSG)
Tickets now available on Flexischools

For further information, please contact Cathy Donaghy (cathy.strathpine@helloworld.com.au).

See flyer [HERE](#).